

Daily Lunch Menu

	Dish 1	Dish 2	Dish 3	Dish 4
DAY 1	ASSAM FISH 阿参鱼片	Seasonal Green Vegetables 当季青菜	PINEAPPLE SWEET & SOUR PORK 黄梨咕佬肉	WINTERMELON PORK RIBS SOUP 冬瓜萝卜排骨汤
DAY 2	BEAN PASTE BRAISED DUCK 豆酱焖鸭		NGOH HIANG ROLL 五香卷	CHINESE YAM AND WHITE FUNGUS CHICKEN SOUP 山药银耳汤
DAY 3	ASIAN GLAZED SALMON 焗三文鱼		BRAISED TOUFU 日本豆腐	OLD CUCUMBER PORK RIBS SOUP 老黄瓜排骨汤
DAY 4	ORANGE CHICKEN CHOP 橙汁鸡扒		FU RONG OMELETTE 芙蓉蛋	DRIED BOK CHOY CHICKEN SOUP 白菜干鸡汤
DAY 5	ALMOND COFFEE PORK RIBS 杏仁片咖啡排骨		SPICY YU-SHIANG SHREDDED PORK 红油鱼香肉丝	CARROT RADDISH PORK RIBS SOUP 双白红萝卜排骨汤
DAY 6	BBQ CHICKEN BBQ鸡扒		BRAISED MUSHROOMS 红烧冬菇	LOTUS PEANUT PORK RIBS SOUP 藕花生排骨汤
DAY 7	GINGER AND SPRING ONION PORK SLICE 姜葱肉片		SAMBAL LALA 大葱参巴啦啦	ABC CHICKEN SOUP ABC鸡汤
DAY 8	FUJIAN RED WINE CHICKEN 福州红糟鸡		STEWED POTATOES WITH GREEN ONION AND MUSHROOMS 大葱冬菇炖土豆	WINTERMELON SWEET CORN PORK RIBS SOUP 冬瓜玉米排骨汤
DAY 9	STEAMED FISH WITH BLACK BEAN SAUCE 豆豉蒸鱼		STEWED EGGPLANT WITH THREE MUSHROOMS AND MINCED MEAT 三菇肉碎茄子	CHINESE YAM AND WHITE FUNGUS CHICKEN SOUP 山药银耳汤
DAY 10	CARROT STEW PORK RIBS 红烧白萝卜排骨		BITTERGROUND SEAFOOD OMELETTE 凉瓜海鲜煎蛋	OLD CUCUMBER PORK RIBS SOUP 老黄瓜排骨汤
DAY 11	GONG BAO CHICKEN WITH NUT 四川宫保鸡		BUTTER PRAWN 奶黄虾	DRIED BOK CHOY CHICKEN SOUP 白菜干汤
DAY 12	TEOCHEW STYLE STEAM FISH WITH TOFU 潮州蒸鱼		STEWED JAPANESE TOFU WITH MINCED MEAT AND EDAMAME 毛豆肉碎炖日本豆腐	CARROT RADDISH PORK RIBS SOUP 双白红萝卜排骨汤
DAY 13	HAINANESE PORK CHOP 海南猪扒		CHICKEN FLOSS BAKED POTATO WITH TERIYAKI SAUCE 肉松日式烤土豆片	HERBAL BAK KUT TEH SOUP 药炖肉骨茶汤
DAY 14	NYONYA CURRY CHICKEN 娘惹咖喱鸡		GARLIC CARROT STIR FRY PORK 蒜花卜丝炒肉片	ABC CHICKEN SOUP ABC鸡汤
DAY 15	PIG TROTTER VINEGER 猪脚醋		PANDAN CHICKEN 斑兰香叶鸡	WINTERMELON PORK RIBS SOUP 冬瓜萝卜排骨汤
DAY 16	TAIWANESE BRAISED PORK 招牌卤肉		SWEET & SOUR POTATO 糖醋大葱土豆片	BLACKBEAN PEANUT CHICKEN SOUP 黑豆花生汤
DAY 17	PREMIUM PORK RIBS 排骨王		PANDAN CHICKEN 斑兰香叶鸡	OLD CUCUMBER PORK RIBS SOUP 老黄瓜排骨汤
DAY 18	GINGER DUCK 姜母鸭		BAKED BEAN EGG 茄汁豆炒蛋	PIG STOMACH WITH WHITE PEPPER SOUP 胡椒猪肚汤
DAY 19	BAKED SALMON 烤三文鱼		ASSORTED VEGETABLE SALAD WITH PORK FLOSS JAPANESE TOFU 什菜沙律肉松日本豆腐	DRIED BOK CHOY PORK RIBS SOUP 白菜干排骨汤
DAY 20	ROASTED CHICKEN CHOP 明炉烤鸡		CHESNUT SESAME PRAWN 栗子芝麻虾	CARROT RADDISH PORK RIBS SOUP 双白红萝卜排骨汤
DAY 21	THAI STYLE ASAM FISH 泰式阿参鱼		CAPSICUM PORK 青椒肉片	ABC CHICKEN SOUP ABC鸡汤
DAY 22	LEMON CHICKEN CHOP 柠檬鸡扒		LAKSA YONG TAOFU 叻沙酿豆腐	BAK KUT TEH SOUP 肉骨茶汤
DAY 23	GRANDMA BRAISED DUCK WITH EGG 阿嬷卤蛋		CHICKEN FLOSS EGGPLANT 肉松茄子	WINTERMELON SWEET CORN PORK RIBS SOUP 冬瓜玉米排骨汤
DAY 24	GINGER STEAM FISH 姜丝鱼片		BEAN PASTE CHICKEN 虾酱鸡块	BLACKBEAN PEANUT CHICKEN SOUP 黑豆花生汤
DAY 25	SPICY CHICKEN 香辣大葱鸡丁		HERBAL WINE LALA 姜酒啦啦	PAPAYA CARROT PORK RIBS SOUP 红萝卜木瓜排骨汤
DAY 26	SOY SAUCE PRAWN 生抽王焗虾		THREE-COLOR TOFU 三色豆腐	HERBAL CHICKEN SOUP 药材鸡汤
DAY 27	BRAISED PORK 黄焖五花肉		SWEET SOUR CHICKEN WINGS 糖醋鸡中翅	PIG STOMACH WITH WHITE PEPPER SOUP 胡椒猪肚汤
DAY 28	NYONYA ASAM FISH 娘惹阿参鱼		MINCED MEAT STEAMED EGG 香滑肉碎蒸蛋	OLD CUCUMBER PORK RIBS SOUP 老黄瓜排骨汤
DAY 29	SAMBAL BAKED FISH 参巴烤鱼		WHITE PEPPER SHRIMP 胡椒虾	CHINESE YAM AND WHITE FUNGUS CHICKEN SOUP 山药银耳汤
DAY 30	BRAISED PORK WITH PRESERVED VEGETABLE 梅菜扣肉		CURRY TREASURE 咖喱三宝	ABC CHICKEN SOUP ABC鸡汤
DAY 31	SESAME OIL CHICKEN 麻油鸡		SUPERIOR BROTH SHRIMP 上汤虾	SICHUAN VEGETABLE SOUP 四川菜汤

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Daily Dinner Menu

	Dish 1	Dish 2	Dish 3	Dish 4
DAY 1	CHILLI LALA 辣椒啦啦	Seasonal Green Vegetables 当季青菜	STEWED MUSHROOM WITH CHICKEN 冬菇焗鸡	WINTERMELON PORK RIBS SOUP 冬瓜萝卜排骨汤
DAY 2	CANTONESE BOILED CHICKEN 白斩鸡		TOMATO SHRIMP OMELETTE 茄汁虾仁蛋	CHINESE YAM AND WHITE FUNGUS CHICKEN SOUP 山药银耳汤
DAY 3	BAKED SALMON 烤三文鱼		STEWED CHINESE FERMENTED BLACK BEANS WITH MUSHROOM 冬菇粒炖豆豉	OLD CUCUMBER PORK RIBS SOUP 老黄瓜排骨汤
DAY 4	GOJI BEAN PASTE STEAMED CHICKEN 枸杞豆豉蒸鸡		DICED PORK STEW WITH FUNGUS 木耳炖肉丁	DRIED BOK CHOY CHICKEN SOUP 白菜干鸡汤
DAY 5	GONG BAO FISH 宫保鱼		PRAWN PASTE STEAM MINCED MEAT 香滑虾酱蒸肉片	CARROT RADDISH PORK RIBS SOUP 双白红萝卜排骨汤
DAY 6	SHIITAKE MUSHROOM PORK 香菇焗肉片		BBQ CHICKEN WING BBQ 鸡翅	LOTUS PEANUT PORK RIBS SOUP 藕花生排骨汤
DAY 7	SALT PEPPER CHICKEN 椒盐鸡丁		STEWED SEAFOOD TOUFU 上汤汁焗海鲜豆腐	ABC CHICKEN SOUP ABC鸡汤
DAY 8	DICED PORK STEW WITH FUNGUS 木耳炖肉丁		WESTERN STYLE TOMATO CHICKEN CHOP 西式烤茄汁鸡扒	WINTERMELON SWEET CORN PORK RIBS SOUP 冬瓜玉米排骨汤
DAY 9	BRAISED PORK RIBS 红烧排骨		PANDAN CHICKEN 斑兰香叶鸡	CHINESE YAM AND WHITE FUNGUS CHICKEN SOUP 山药银耳汤
DAY 10	SAN-BEI CHICKEN 三杯鸡		SWEET & SOUR SEAFOOD ROLL 糖醋海鲜卷	OLD CUCUMBER PORK RIBS SOUP 老黄瓜排骨汤
DAY 11	TEOCHEW STYLE STEAM FISH WITH TOFU 潮州蒸鱼		SALTED EGG CHICKEN 咸蛋鸡丁	DRIED BOK CHOY CHICKEN SOUP 白菜干汤
DAY 12	ZHENG JIANG PREMIUM PORK RIBS 镇江排骨王		SHIITAKE MUSHROOM STEWED CHICKEN 冬菇焗豉油鸡	CARROT RADDISH PORK RIBS SOUP 双白红萝卜排骨
DAY 13	HERBAL STEAM CHICKEN 姜片木耳药材蒸鸡腿		CHESTNUT SESAME PAN FRIED PRAWN 芝麻栗子干煎虾	HERBAL BAK KUT TEH 药炖肉骨茶汤
DAY 14	CHONG QING SUAN CAI FISH 重庆油生酸菜鱼		MINCED MEAT STEAM EGG 香滑肉碎蒸蛋	ABC CHICKEN SOUP ABC鸡汤
DAY 15	SESAME OIL CHICKEN 姜丝麻油鸡		JAPANESE SEAWEED TOUFU 日式紫菜丝豆腐	WINTERMELON PORK RIBS SOUP 冬瓜萝卜排骨汤
DAY 16	CORN SALTED EGG CHICKEN CHOP 玉米咸蛋鸡扒		FRIED EGG GRILLED THREE-COLOR SHRIMP 煎蛋扒三色虾仁	BLACKBEAN PEANUT CHICKEN SOUP 黑豆花生汤
DAY 17	THAI STYLE FISH 泰式鱼		BEAN PASTE YONG TAOFU 豆酱焗酿豆腐	OLD CUCUMBER PORK RIBS SOUP 老黄瓜排骨汤
DAY 18	SWEET & SOUR FISH 酸甜鱼片		HERBAL WINE PRAWN 黄酒虾	PIG STOMACH WITH WHITE PEPPER SOUP 胡椒猪肚汤
DAY 19	SI CHUAN VEGE SHREDDER PORK 四川菜肉		STIR FRY GINGER WITH PORK 姜丝肉片	DRIED BOK CHOY PORK RIBS SOUP 白菜干排骨汤
DAY 20	TERIYAKI SALMON 照烧三文鱼		SPICY CHICKEN 红油口水鸡	CARROT RADDISH PORK RIBS SOUP 双白红萝卜排骨
DAY 21	GONG BAO CHICKEN 宫保鸡		MINCED MEAT POTATO 肉丁豆瓣土豆片	ABC CHICKEN SOUP ABC鸡汤
DAY 22	BITTERGOURD STEWED PORK RIBS 凉瓜焗排骨		SAMBAL LALA 大葱参巴啦啦	BAK KUT TEH SOUP 肉骨茶汤
DAY 23	TRADITIONAL ASSAM FISH 古法亚三鱼		PRESERVE VEGETABLE WITH TOUFU 菜圃扒日本豆腐	WINTERMELON SWEET CORN PORK RIBS SOUP 冬瓜玉米排骨汤
DAY 24	BLACK FUNGUS SHIITAKE MUSHROOM CHICKEN 木耳香菇鸡块		STEAM TRIO EGG 蒸三色蛋	BLACKBEAN PEANUT CHICKEN SOUP 黑豆花生汤
DAY 25	TAIWANESE BRAISED PORK WITH EGG 台式卤肉丁鸡蛋		PRAWN WITH OAT AND CURRY LEAF 麦片大虾	PAPAYA CARROT PORK RIBS SOUP 红萝卜木瓜排骨汤
DAY 26	NYONYA CURRY CHICKEN 娘惹咖喱鸡		BRAISED TOUFU WITH MUSHROOM 卤蛋豆腐豆结结香菇	HERBAL CHICKEN SOUP 药材鸡汤
DAY 27	BASIL MINCED MEAT 泰式香菜肉碎		WESTERN LEMON BAKED FISH 西式柠檬鱼片	PIG STOMACH WITH WHITE PEPPER SOUP 胡椒猪肚汤
DAY 28	LONGAN SWEET & SOUR CHICKEN 龙眼酸甜鸡		OSYTER SAUCE STEWED SEAFOOD TOUFU 蚝汁焗海鲜豆腐	OLD CUCUMBER PORK RIBS SOUP 老黄瓜排骨汤
DAY 29	BASIL MINCED MEAT 泰式香菜肉碎		PANDAN CHICKEN 香兰叶鸡	CHINESE YAM AND WHITE FUNGUS CHICKEN SOUP 山药银耳汤
DAY 30	HONEY SAUCE CHICKEN CHOP 蜜汁扒鸡		PAN FRIED PRAWN WITH SPECIAL SAUCE 干煎虾	ABC SOUP ABC 排骨汤
DAY 31	TERIYAKI SALMON 日式烧三文鱼		CARROT AND BROCCOLI 西兰花红萝卜	BLACK BEAN SOUP 黑豆汤

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